



Big Ridge State Park

Hike 'n Lunch

Thursday, July 9, 2026

Lunch to follow at: Wild Boar Tavern, 950 E. Emory Rd., Knoxville, TN

Depart From the Poplar Springs Boat Ramp parking lot promptly @ 7:45 AM

Join your fellow TVRA members for a morning hike at Big Ridge State Park, near Maynardville, TN

We will meet at the Poplar Springs Boat Ramp and depart promptly at 7:45 AM (please arrive at least 10 minutes early). We will proceed north through Lenoir City on US321S. After passing through Lenoir City, take I-75N towards Knoxville. Continue on I-75N, to exit 385 for I-75N/I640E. Take exit 3A to continue on I-75N (Lexington). Follow I-75N for an additional 14 miles to exit 122, TN Rt 61. Exit onto and follow TN 61E for 12 miles to Big Ridge State Park. We will park near the lake at the far end of the lot near the Visitors Center. Restroom facilities are available at the Visitors Center and the Shelter near the parking area. From there we will walk approx. .1 miles to the Big Ridge Lake Trail trailhead.

We will walk approximately 3.0 miles on a combination of the Lake Trail (rated moderate), and Ole Mill Trails. These trails are mostly shaded, "natural" woods trails along the lakeshore with many roots and some rocks. We will stop along the way at the dam, the old Snodderly Cemetery, and the replicated Grist Mill. We will encounter a significant hill (150-foot elevation gain in .25 mile) at the start of the hike. After descending this hill, most of the remainder of the hike is relatively level. Walking sticks and appropriate hiking footwear is highly recommended. As some of trail sections are narrow with vegetation, long slacks or high socks are desirable.

After hiking, we will proceed back towards home, stopping for lunch at the Boar's Head Tavern at 950 E. Emory RD., Knoxville. This casual restaurant/tavern is a local favorite with a large menu that is likely new to many. Following lunch, we will all return home on our own.

Attendees are responsible for their own meal and drinks

Maximum number of attendees is: 28

Last Day to Register or Cancel is June 3, 2026

Event Coordinators are: Don and Lisa Worner 319-269-4839, dlworner@msn.com

Note: If event registrations are filled, please contact the event coordinator to be placed on "waitlist".

Out of respect for others and to avoid potential tripping hazards we ask you please leave all pets at home.

